



## TAMARA DUTTA SLOW AGING

*Experience well-being beyond the extraordinary...*

Enjoy Tamara Dutta's exclusive know-how and attention at "Aux Soins Naturels" in Geneva. She offers personalized treatments tailored to your specific needs.

The treatments can be extended well beyond the initial hour, allowing you to prolong their effects and your sense of well-being at your own rhythm and in your own space.

Depending on your requirements, the treatment may last up to four hours.

They soothe, regenerate and revitalize the body. Their beneficial effects are indisputable and enduring.

*An extraordinary and completely natural experience, thanks to her homemade preparations.*



## TAMARA DUTTA SIGNATURE SKINCARE

*An intense treatment lasting up to four hours to prolong its effects and reflect your own unique body rhythm...*

Application of a homemade plant and green tea face pack

This recipe refines skin texture, brightens the complexion and prevents sagging skin.

Facial massage with elixirs, butters and smoothie balms

This massage helps to eliminate toxins.

Exceptional biodynamic floral steam baths

Open the pores and ensure a thorough skin cleanse and refresh.

Tamara Dutta head, face and body massage

Unique relaxing techniques inspired by Ayurvedic and Japanese massage that relieve stress, refine the senses and relax body and mind.

Supplementary treatments for enhanced results at an additional charge

- Masks for face and neck and décolleté
- Exceptional hand and foot baths
- Hair and scalp treatments
- A selection of body wraps



# TAMARA DUTTA SIGNATURE ENHANCEMENTS

*These supplementary special treatments may only be requested alongside Holistic Skincare Treatments and additional rates may apply.*

## Special Face, Neck and Décolleté Mask

### **Luxurious Chamomile Honey Mask**

Ultra rich and intense facial butter mask.

### **Special Facial Pack - Seawater and Mallow Flower**

A unique blend of seawater and mallow to make tired and dry skin radiant and luminous, for instant comfort.

### **Special Facial Pack - Chamomile and Clay**

A blend of Swiss chamomile flowers and clay to naturally restore the skin's softness, with a thick texture for satin-soft regenerated skin.

## Hair and Scalp Intensive Treatments

### **Special Scalp Oil with Fresh Mint and Sage**

For an intensive treatment, the preheated oil is massaged into your scalp, which is then covered with a hot towel and left for at least one hour.

### **Precious Almond Oil**

Preheated biodynamic Almond Oil is spread throughout the whole of your hair, which is then wrapped in a hot towel for at least one hour.

## Signature Tamara Dutta Hand and Foot Baths

Unique preparations made with homemade Swiss herbal macerations and beeswax.

## Signature Tamara Dutta Body Wraps

- Detox
- Rich Recovery (for muscle contractions)
- De Stressing (deep relaxation for tired bodies)
- Special for Dry Skin



*These beauty care may only be requested alongside Holistic Skincare Treatments and additional rates may apply.*

#### **Lashes and Brows**

Tamara Dutta uses your skin type and hair colour to create natural colour combinations that enhance the look of your eyelashes and eyebrows, resulting in a perfect natural look. Eyelash tinting is beneficial for people who want a natural look, but who are sensitive to make-up or are too busy to apply make-up daily. It is ideal for people who wear contact lenses, as it eliminates the discomfort of applying mascara.

#### **Tips**

You should avoid rubbing the eye area before and after tinting. If possible, you should not put contact lenses back in for the rest of the day. Although the dye is removed, some residue may remain.

This will wash off naturally shortly after application.

You should not apply make-up or receive any other eye treatments for at least 24 hours after the tinting treatment.

#### **Your eyebrows by Tamara Dutta**

Tamara Dutta uses a very gentle wax which removes the hair follicle with minimal pain. The eyebrow shape is drawn on prior to the treatment to ensure it is perfectly suited to your face.



# TAMARA DUTTA SIGNATURE HAIR REMOVAL

*Tamara Dutta's waxing method is beneficial to women with sensitive skin, as it is less painful and reduces the chance of ingrown hairs.*

*After applying her homemade clay mixture to your skin, Tamara Dutta uses two different kinds of wax.*

*The first, a warm thick wax, is applied in a lavish layer using the tips of her fingers. It removes all the hair. The second, is a warm creamy white wax spread evenly over the surface of the skin before being covered with a cloth strip. This strip is pulled off in a quick and gentle motion against the direction of hair growth. This removes the wax as well as the hair.*

*After the waxing is finished, an elixir oil or smoothie balm will be gently applied to your skin to complete the treatment.*

*These beauty care may only be requested alongside Holistic Skincare Treatments and additional rates may apply.*

## Face Wax

(Done with thick warm wax).

Removes all unwanted facial hair, including the upper lip and chin. Your skin is protected by a special clay mixture. A soothing smoothie balm completes the treatment.

## Underarm Wax

(Done with a cloth strip wax).

Removes armpit hair from the follicle. Your skin is protected by a special clay mixture. A soothing elixir oil completes the treatment.

## ½ Leg or Forearm Wax (without Underarm)

(Done with a cloth strip wax).

Removes the hair on the leg area from the ankle to the knee, or on the arm area from the wrist to the elbow. Your skin is protected by a special clay mixture. A soothing elixir oil completes the treatment.

## Full Leg Wax (without Bikini Line)

(Done with a cloth strip wax).

Removes the hair on the leg area from the ankle to the upper thigh. Your skin is protected by a special clay mixture. A soothing elixir oil completes the treatment.

## Bikini Waxes

Basic Bikini Brazilian

Full Hollywood

(Done with both warm thick waxes and cloth strip waxes, without tweezers).

A gentle way to remove the whole hair from the follicle, resulting in a perfect shape that suits you. Your skin is protected by a special clay mixture. A soothing elixir oil completes the treatment.

## Permanent Hair Removal

Electrolysis Hair Removal (medical and hygiene diploma).